



## Histological Profile and Fatty Acid Composition in Hepatopancreas of Blue Swimming Crab, *Portunus pelagicus* (Linnaeus, 1758) at Different Ovarian Maturation Stages

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### Abstract

The study of the hepatopancreas structure is important to provide the morphological and molecular information for future research involving the nutrition requirements of *Portunus pelagicus* culture. Thus, the study of histological characteristics and fatty acid (FA) composition in hepatopancreas of different ovarian maturation stages of the *P. pelagicus* were investigated. There are five stages in ovarian maturation of *P. pelagicus* which are: Stage I (immature), Stage II (early maturing), Stage III (advance maturing), Stage IV (mature) and Stage V (spawned/re-maturation/spent stage). The histological study of hepatopancreas showed that the lumens of most of the tubules were irregular-like shape in Stage I, circle-like shape in Stage III and ovul-like shape in Stage IV. A total of 29 types of FA were found in the hepatopancreas of *P. pelagicus*. The most dominant FA was C16:0 (Palmitic acid) with concentration of 456.10±266.23 mg/g (38.73±4.12%) at stage II. Second most dominant FA was C18:0 (Stearic acid) with concentration of 203.99±120.28 mg/g (13.97±1.62%) at stage III and followed by C20:5n3 (Eicosapentanoic acid) with concentration of 131.19±84.70 mg/g (8.98±1.13%) at stage III. In conclusion, the tubules structure and FA concentration of hepatopancreas play an important role in reproduction and diet formulation for portunid crab broodstock.

**Keywords:** Aquatic sciences, invertebrates, reproductive biology, tubules, crustacean.

### Introduction

Blue swimming crab, *Portunus pelagicus* (Linnaeus, 1758) is a commercially important species for both fisheries and aquaculture in South-east Asia. Great market demands, especially for human consumption, have put this species in attention. The high harvests of this species are due to delicious taste, good market price and supplied nutrients. In addition, it is also relatively expensive in comparisons to sea fishes consumed locally. This has led to increasing demand on this species. However, the interests towards aquaculture of this species have been growing. This species is suitable for the aquaculture industry because it has special abilities to withstand against changes of physical parameters and activity like temperature, salinity, oxygen, pH and starvation alongside with fast growth and high reproductive rate. Broodstock nutrition determines the reproductive physiology of crustacean larvae. If the nutritional requirements of the broodstock are met, the larvae of *P. pelagicus* will have high survival rate. Some of the components in broodstock diet like fatty acids (FA) can influence the fecundity, larval quality and

hatching ability of several fishes and crustaceans (Racotta *et al.*, 2003; Azra and Ikhwanuddin, 2016).

In brachyuran crabs, the hepatopancreas is an important organ for storage of organic matter and plays main roles in nutrition metabolism and ovarian development (Wang *et al.*, 2014). Currently, there is a lack of study related to histological characteristics and FA composition of the hepatopancreas in *P. pelagicus* since most of the studies related to *P. pelagicus* were only focused on its natural diets, growth and survival and their size at maturity (Xiao and Kumar, 2004; Romano *et al.*, 2012; Zainal, 2013). Information about the FA composition in female crabs during maturation is also lacking although it is related to reproductive success and influential towards ovarian maturation. Histology study of hepatopancreas can be used as a reference for the study related to the other species of crabs. The concentration of FA by female crabs at the different ovarian maturation stages may be able to be useful for the creation of formulated diet instead of using natural diet.

The objectives of this study are to analyze the histological character of hepatopancreas and to determine the FA composition in hepatopancreas at

different ovarian maturation stages of *P. pelagicus*.

## Materials and Methods

### Study Area and Sample Collection

The study was conducted at Pendas Jetty, Gelang Patah situated south of the state of Johor, and Setiu Wetland, Terengganu, Coastal water of Malaysia. The samples were collected on June 2013 and fifty female crabs' samples were obtained, ten female crabs for each ovarian maturation stages (Stage 1-5). The female crab samples were obtained from the market and placed in a container equipped with an aeration system. Female crabs were randomly picked. During the selection of the crabs, several obvious criteria that differentiate female and male crabs were taken into account (shape of the abdomen; female crab with wider and more globular abdomen meanwhile male crab with narrow and straight abdomen). Then, two morphometric characteristics of the crab, carapace width (CW) and body weight (BW) were measured. Subsequently, the crabs were dissected by using dissecting tools and the stages of ovarian maturation were determined based on the study by Efrizal *et al.*, (2015) which divided it in five stages; immature stage (Stage I), early maturing (Stage II), advance maturing (Stage III), mature (Stage IV) and spent stage (Stage V). Stage differentiation was done through histological color and structure. Hepatopancreas sample in a crab was carefully collected by using forceps and placed in sample bottles. Hepatopancreas were divided into two, histology analysis and another one for FA analysis.

### Sample Storage and Preparation

The hepatopancreas for histology sample were fixed with 5% formalin for 12 hours. After that, hepatopancreas in sample bottles were transferred into histological cassettes and immersed in 70% ethanol. The FA samples were stored in an ice chest. In the laboratory, the samples were stored in freezer with -80 °C according to the study by Abdulkadir and Tsuchiya (2008). Then, samples were transferred into smaller sample bottles. The purpose of transfer the samples are to safe some space during drying in freeze dry instrument. After that, samples were freeze dried to dry it. After drying process, the samples were crushed by using mortar and pestle. The samples were weighted by using analytical balance.

### Histological Analysis

By referring to standard procedure with Haematoxylin and Eosin staining method, samples in histological cassettes were processed by using automated tissue processor. Tissue samples were processed with the following sequence- 70% alcohol,

90% alcohol, 95% alcohol twice, alcohol 100% twice, xylene I, xylene II, xylene III and paraffin wax. After processing, samples were mounted onto their cassettes using paraffin wax, sectioned into 5 µm films using a microtome, transferred into water bath (at 45 °C) for expansion before mounting onto slides using glycerol and egg white (used as adhesive). Every section on slide were dried on hot plate (60°C) and stained by Haematoxylin-Eosin staining method. Samples were mounted by using DPX and observed under compound microscope model Leica DME. For tubules characterization, the hepatopancreas tubules at each ovarian maturation stage were observed by using DinoEye model AM4023X. For tubules measurement selection (calculated as largest distance of the tubule), the heights in unit micrometer (µm) of the hepatopancreas tubules at each ovarian maturation stages were measured by using DinoEye model AM4023X . The mean tubules heights were calculated after calibration of the DinoEye.

### Fatty acid Composition Analysis

Fatty acid analysis was conducted by referring to one step method by Abdulkadir and Tsuchiya (2008). Preparation of internal standard which contains known amounts of FAs is important to quantify the amounts of FA in samples. The preparations of internal standard solution were started by dissolving 100 mg of 19:0 (Nonadecanoic acid) in 100ml hexane until the 1 mg/ml of C 19:0 achieved. For each sample, the weights required were around 200-300 mg. The sample from glass vial were weighted and transferred into a centrifuge tube. Then, it was mixed with 4 ml of hexane and 1 ml of internal standard solution. The mixture in the tube was mixed with 2 ml of 14% BF<sub>3</sub> in methanol. A magnetic stirrer was placed in the centrifuge tube carefully. After that, the nitrogen gas was used to flush head spaces of tubes. The tube was closed tightly by using a Teflon-lined screw-cap. The tube was heated on a hot plate at 100 °C for 120 min under continuous stirring. Then, the tube was cooled down to room temperature. Another 1 ml of hexane was added and 2 ml of distilled water as follow up. The tube was shaken vigorously for 1 min and centrifuged for 3 min at 2500 rpm. After that, two phases were formed. The upper phase, hexane layer were taken for further analysis as it contains FA Methyl Esters (FAMES). The layer was transferred by using micropipette into the sample vial that was injected into the Gas Chromatography (GC). One µL of FAME was injected into gas chromatography (GC-FID) by using syringe. 37-Component FAME Mix was used to be standard for FA content in sample. Hydrogen gas was used as the carrier gas. Full peak of FA could be observed on chromatogram after about 20 min.

### Statistical Analysis

Mean height of hepatopancreas tubules were compared among the samples based on ovarian maturation stages by using one way ANOVA. Fisher's exact tests were used to know the difference between mean in XLSTAT software (Addinsoft, New York, USA). The mean concentration of individual and classes of FA in hepatopancreas were compared among the samples based on ovarian maturation stages by using one way ANOVA. Fisher test were used to know the difference between mean in XLSTAT software. In order to check whether the data is normally distributed or not, Kolmogorov-Smirnov test were used. In this study, the data is normally distributed after checking it by using the test in SPSS 16.0 software.

## Results

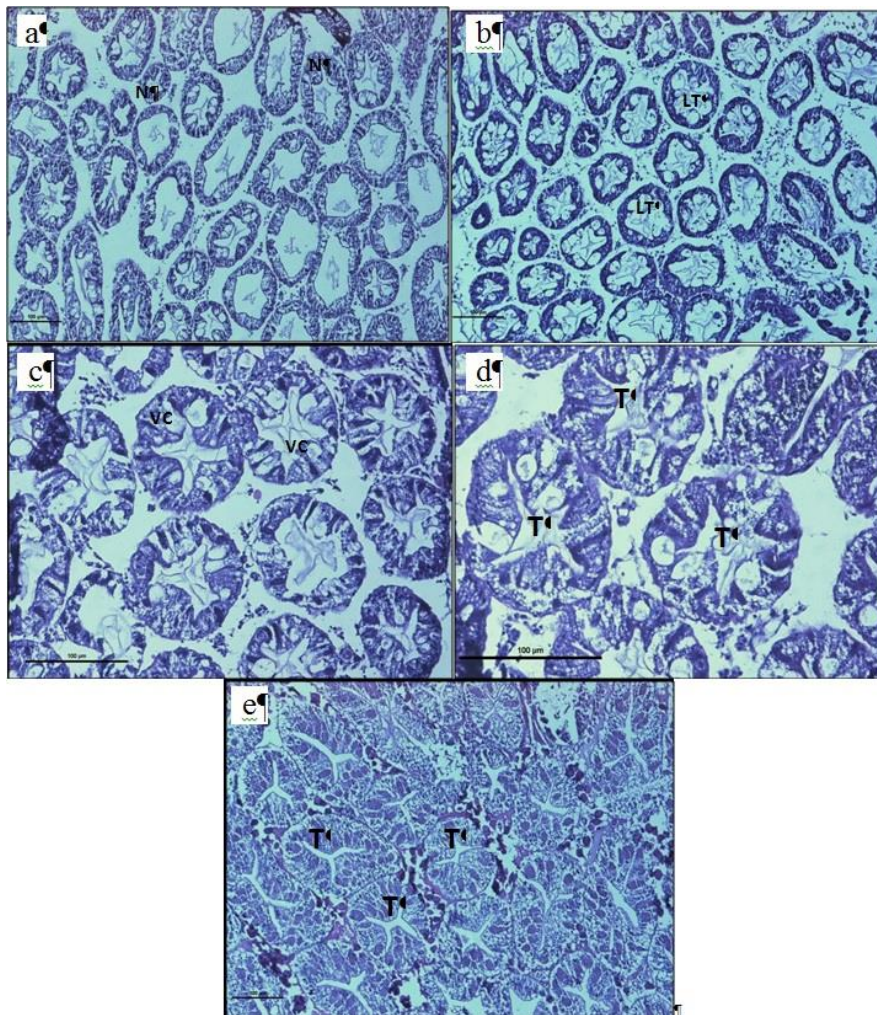
### Histological Characteristics of Hepatopancreas Tubules at Different Ovarian Maturation Stages

Generally, cells had an irregular-like shape with

clear bluish nuclei, and the lumen of most tubules was small (Figure 1a). Tubules in ovarian stage II crabs were of circle-like shape and with smaller lumens when compared to ovarian stage I crabs (Figure 1b). The nuclei were non observable. Meanwhile, tubules in ovarian stage III were circle-like shape (Figure 1c) compared to the ovarian stage IV which in ovul-like shape (Figure 1d). Tubule lumens of stage III was smaller than those from stage IV. On the other hand, most tubules in Stage V (Figure 1e) were in various shapes (ovul+irregular shape) with smaller lumen compared to Stage IV. Figure 2 showed the pattern of mean hepatopancreas tubules height through the increasing ovarian maturation stages was fluctuate. The tubules were decreasing in height from Stage I to Stage II, while decreased in Stage III, increased back in Stage IV and decreased at Stage V.

### Fatty Acid Composition at Different Ovarian Maturation Stages

In total, 29 individual FAs belonging to three



**Figure 1.** Hepatopancreas tubules development at different ovarian maturation stages (stage I-V) of *P. pelagicus*: a) Stage I, b) Stage II, c) Stage III, d) Stage IV and e) Stage V. N=Nucleus, LT= Lumen of tubules, T= Tubules, VC= Vacuole

major classes (saturated FAs – SFA; monounsaturated FAs – MUFA and polyunsaturated FAs – PUFA) were identified in hepatopancreas of *P. pelagicus* (Table 1). Concentrations of total FA in hepatopancreas were increased from Stage I to Stage III (Figure 3a). The most dominant FA was C16:0 (Palmitic acid) with mean concentration of  $456.10 \pm 266.23$  mg/g (38.73 $\pm$ 4.12%) at stage II of the ovarian maturation stage followed by C18:0 (Stearic acid) with mean concentration of  $203.99 \pm 120.28$  mg/g (13.97 $\pm$ 1.62%) at stage III of the ovarian maturation stage and C20:5n3 (Eicosapentanoic acid) with mean concentration of  $131.19 \pm 84.70$  mg/g (8.98 $\pm$ 1.13%) at stage III of the ovarian maturation stage. Based on Figure 4, percentage of SFA was the highest compared to two other classes of fatty acid and put SFA as dominant fatty acid classes. SFA has highest percentage of FA, ranging from 57.33 – 73.29% which followed by PUFA, 15.18 – 26.33%. Least dominant FA was MUFA, with range of 16.28 – 19.75%. All the data were normally distributed after checked with Kolmogorov-Smirnov test. Then, concentrations were decrease dramatically at Stage IV and increased back at Stage V. Same goes as the concentration of SFA and MUFA at Stage I to Stage V. The pattern of PUFA was different than for other two classes (Figure 3b). There were significant differences in concentration of FA at different ovarian maturation stages. There were significantly different of percentage at different maturation stages in MUFA and PUFA classes and vice versa in SFA. Based on the results from Table 1, ratio of n-6/n-3 has maximum value of 0.17 and minimum value of 0.10 while ratio of PUFA/SFA has maximum value of 4.24 and minimum value of 2.16.

## Discussion

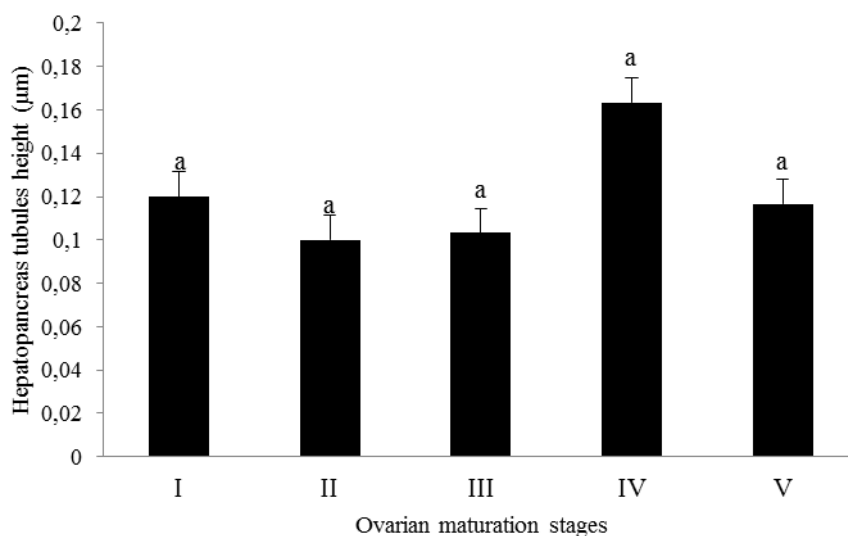
### Histological Characteristics of Hepatopancreas

### Tubules

To clearly understand the physiological significance of the hepatopancreas, it is important to understand its histological structure. In this study, mean tubules heights at immature stage (Stage I) to early maturing stage (Stage II) of the ovary were increasing. Mean concentration of tubules height was decreased at late maturing stage (Stage III). It may be influenced by the decrease size in lumen of tubules from Stage II to Stage III and presence of vacuole at the tubules at Stage III. Mean height of hepatopancreas was increased back at maturing stage (Stage IV) as the size of lumen were increased from Stage III to Stage IV. Spent stage (Stage V) showed decreasing of hepatopancreas tubules height from Stage IV. The decrease of cell height was caused by decreased size of lumen of tubules at Stage V. There was significant different of tubules height at different ovarian maturation stages. Hepatopancreas tubules did not have clear relationship with the total FA concentration at different ovarian maturation stages. The trends were different. At stage IV, the hepatopancreas tubules height was highest when compared to other stages, while for total FA the concentration at same stage was the lowest compared to other stages. This showed that not only tubules contained FA, the space between tubules also stored FA.

### Fatty Acid Composition

SFA was dominant FA. The dominant individual FA of SFA that have the highest concentration were firstly C16:0, C18:0 and followed by C14:0 (Myristic acid). The results were similar to the study of Soundarapadian *et al.*, (2013) for FA composition of crustacean, *Macrobrachiumidae*. In addition, palmitic acids have high content of metabolic energy during



**Figure 2.** Mean hepatopancreas tubules height at different ovarian maturation stages (stage I-V) of *Portunus pelagicus*.

**Table 1.** Fatty acid (FA) concentration in hepatopancreas of *Portunus pelagicus* at different ovarian maturation stages

FA	Stage I	Stage II	Stage III	Stage IV	Stage V
C10:0	1.45±1.11	5.82±4.50*	3.05±3.62	0.68±1.04*	0.52±0.91*
C11:0	0.27±0.28*	0.92±0.10*	0.50±0.68	-	-
C12:0	1.24±0.94	2.14±1.56	2.69±2.94	-	-
C13:0	0.35±0.37	0.35±0.61	1.31±1.57	-	-
C14:0	63.03±46.21	72.70±43.28	75.02±48.36	37.01±6.81	47.74±6.77
C15:0	16.05±4.80	24.70±13.57	18.52±9.81	12.38±0.84	16.53±3.08
C16:0	321.31±150.71	456.10±266.23	444.42±255.51	226.69±12.83	269.84±50.05
C17:0	21.08±9.45	21.18±8.49	35.45±23.68*	10.28±0.94*	18.13±4.49
C18:0	140.29±70.07	138.73±62.26	203.99±120.28	75.30±9.62	115.54±23.61
C20:0	8.54±7.78	9.19±4.89	15.01±10.77	1.76±2.69	3.76±3.26
C21:0	2.84±3.41	-	5.05±4.37	-	-
C22:0	5.21±6.18	2.07±3.59	7.54±6.64	-	-
C23:0	14.69±6.73	17.19±8.80	23.28±14.74	5.67±3.97	12.18±2.16
C24:0	1.60±2.78	-	1.63±2.83	-	-
C14:1	0.68±0.35	0.82±0.84	1.40±0.82	-	-
C16:1	76.44±37.01	103.73±63.84	104.41±58.98	64.91±3.33	62.42±4.98
C17:1	4.16±2.90	8.24±3.88	10.12±7.19*	1.33±2.02*	3.98±3.96
C18:1n9t	3.10±2.90	3.14±5.44	6.22±5.66	-	-
C18:1n9c	70.87±32.72	81.39±41.37	111.98±68.89*	39.62±3.46*	51.97±18.14
C20:1	12.71±5.53	12.72±7.38	12.02±7.67	7.60±0.63	10.59±2.28
C22:1n9	4.99±2.84	2.37±4.11	5.61±7.62	-	-
C18:2n6c	14.94±8.07	15.05±7.16	24.88±16.98	8.38±1.02	12.83±2.75
C18:3n6	5.58±6.69	8.43±7.42	13.06±10.00	-	3.06±5.30
C20:2	4.68±5.174	3.66±3.17	12.00±9.96	-	-
C20:3n3	57.40±22.50	61.66±31.53	88.17±52.56*	31.08±2.76*	52.09±8.60
C20:3n6	4.10±2.51	3.64±3.21	8.57±6.14	-	-
C20:4n6	3.62±2.34	1.78±3.08	6.10±4.12	-	-
C20:5n3	108.64±72.01	73.21±39.33	131.19±84.70	47.76±13.07	79.55±12.45
C22:6n3	78.04±51.12	42.23±20.85	82.70±57.54	-	29.80±26.75
SFA	597.98±310.82	751.09±417.87	837.45±505.80	369.77±38.73	484.25±94.33
MUFA	172.94±84.24	212.41±126.85	251.75±156.84	113.45±9.45	128.96±29.36
PUFA	277.02±171.71	209.66±115.76	366.68±244.90	87.22±16.85	177.34±55.85
Total fatty acids	1047.94±566.78	1173.17±638.47	1455.88±907.54	570.43±49.18	790.55±124.26
Omega 3 (n-3)	244.08±25.78	177.11±15.66	302.06±26.55	78.84±24.24	161.45±24.92
Omega 6 (n-6)	28.2±5.32	28.90±5.92	52.61±8.33	8.38±4.19	15.89±6.08
n-6/n-3 ratio	0.12	0.16	0.17	0.11	0.10
PUFA/SFA ratio	2.16	3.58	2.28	4.24	2.73

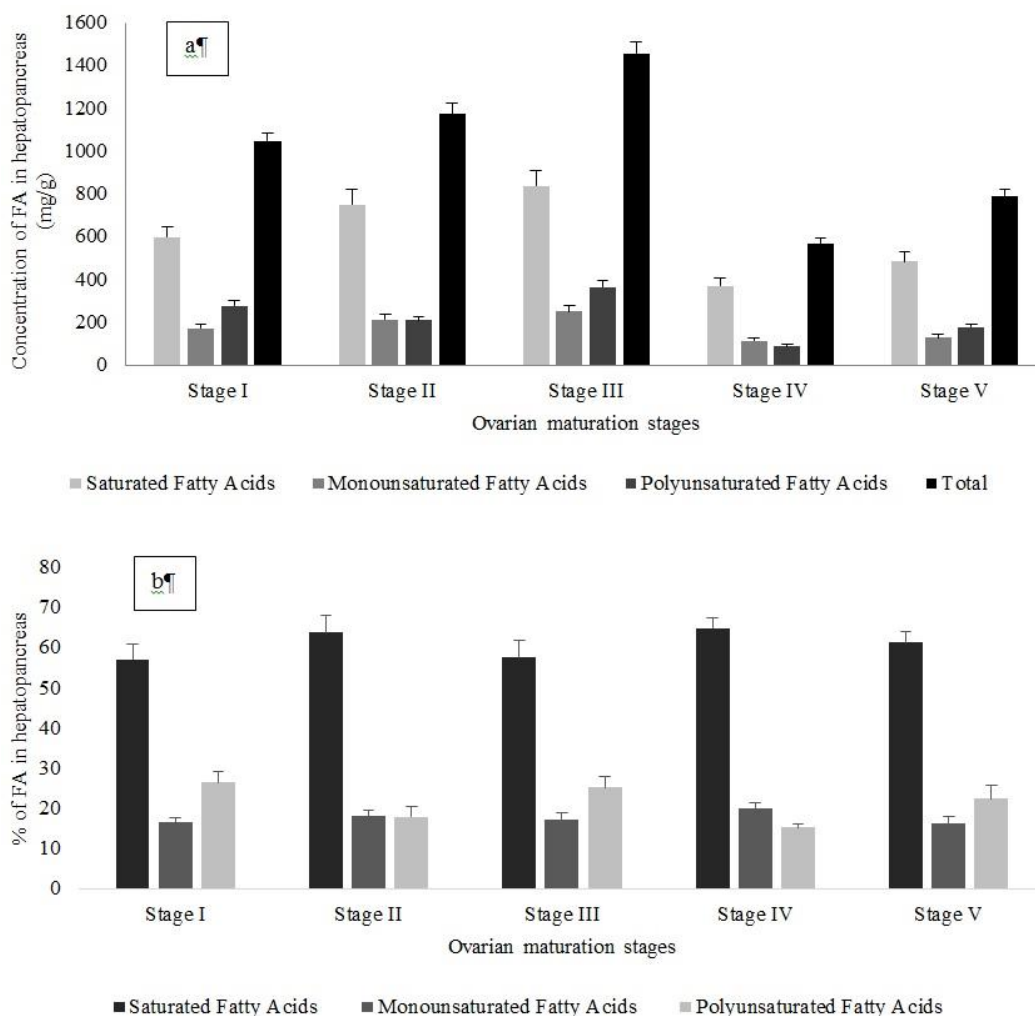
\* shows significant different. Values are mean ± SD, n= 3, - = not detected

growth of female marine animal (Huynh *et al.*, 2007). PUFA was second most dominant FA. The dominant individual FA of PUFA were firstly C20:5n3, C20:3n3 (Eicosatrienoic acid), and followed by C22:6n3 (Docosahexaenoic acid). Least dominant FA was MUFA, with concentration of 175.90 mg/g (17.56%).

The most dominant individual FA of MUFA were C16:1 (Palmitoleic acid), C18:1n9c (oleic acid) and followed by C20:1 (eicosenoic acid). The main function of MUFA is to supply energy source for spawning (Rosa and Nunes, 2002). Total FA were increased steadily from Stage I to Stage III. Then, total FA decreased dramatically at Stage IV and bounce back to increase at Stage V. There was no significant different of total fatty acids at different ovarian maturation stages. In previous study by

Raviet *et al.*, (2013) on FA changes in hepatopancreas of *P. pelagicus* at different ovarian maturation stages, the output from the study is different. The different results suggested that content of fatty acids may caused by different sampling area. At different geographical area, the diet may distinct. From the past study, the lipid concentration was increased from immature to early maturing stage and then decreased at spawning stage. In addition, present study also relatively similar to study done by Wen *et al.*, (2001) on chinese-mitten crab, *Eriocheir sinensis*. The crab's lipid was at peak at Stage III and decreasing during spawning stage, similar like in present study.

There was an increase in total FA from Stage I to Stage III. The possible reason why this happen was accumulation of FA from other tissues to oocytes of ovary occurred. The tissue that responsible for the



**Figure 3.** (a): Concentration of fatty acids (FA) in hepatopancreas of *P. pelagicus* at different ovarian maturation stages; (b) Percentage of fatty acids (FA) in hepatopancreas of *Portunus pelagicus* at different ovarian maturation stages.

accumulation was muscle tissue. Accumulation of FA happened in muscle during inactivity of the ovary. Then, the FA in muscles were transferred into maturing ovary. A crustacean, female shrimp were proved to double its consumption of food to accumulate lipid at ovaries. Besides, hepatopancreas itself was the place where digestion and absorption happened. Based on the findings from present study suggested that the digestion and absorption may occur at high rate at Stage I to Stage III with low transfer out of FA from hepatopancreas to other part of the crab system like ovary, muscle and other tissue. The thing was the ovaries were taken the lipids directly from gut during this stage. Maybe the ovaries had sufficient requirement of fatty acids from the supply from muscle and gut. Instead of being the lipid storage site, hepatopancreas also involved in vitellogenesis of ovary. Vitellogenesis is the formation of yolk at oocyte in the ovary. Study by Ravi *et al.*, (2013) showed that there were mobilization of FA from hepatopancreas to the ovary at vitellogenesis I and II (from Stage I to Stage III).

Great changes between these stages were also observed in marine shrimp, *Penaeus kerathurus* (Mourente and Rodriguez, 1991). In present study, there is a possibility of high gonadal activity during later stages of ovarian maturation which could have caused the great decreases. Beside the high gonadal activity, transfer period of lipid store in hepatopancreas could also be the reason why the declination of FA happened during Stage IV. In present study, reduction of FA content from Stage III to Stage IV proposed that high leaching of fatty acid sources from hepatopancreas to ovaries were triggered by huge amount energy supply needed by ovaries for reproduction. This suggested that the lipid transport from hepatopancreas to the ovary was maximum at Stage IV.

Result from present study also were supported with increment of lipid content in hepatopancreas of spiny lobster at spent stage. After spawning, the energy reserves in ovary were drained and decreased. Instead of that, rise in total FA in hepatopancreas in present study also due to inactivity of ovary during

spent stage. Although it is classified as resting stage, some activities in ovary like preparation of next maturation cycles were occurred in the study by Ravi et al., (2013) but the activity seems not necessary at the stage. Inactivity of ovary aid in low rate of leaching of FA from hepatopancreas thus the FA content in hepatopancreas were increased at Stage V. SFA and MUFA followed pattern of total FA but PUFA concentration at Stage I was higher than Stage II, shown different pattern from two other classes of FA, SFA and MUFA. This was due to natural diets consumption by the crabs, as it contributes to the composition of FA. Diets that contained high level of PUFA may consume more by *P. pelagicus* during Stage I. The example of high PUFA containing diet is squid (Turner and Rooker, 2005). There was no significant difference of SFA, MUFA and PUFA at different ovarian maturation stages.

As hepatopancreas is the organ that is responsible to absorb digested materials (Wang et al., 2014), it is essential that the biomarkers of FA could be indicator for diet for *P. pelagicus*. Based on past study, there was a presence of brown algae, green algae, animal tissues, and highly digested materials in the foregut of *P. pelagicus* (Zainal et al., 2013). In addition, domination of palmitic acid and eicosapentanoic acid in foregut content of *P. pelagicus* was noted by Ikhwanuddin et al., (2014). Some fatty acids could be indicator for requirement of human diet and health hazard. For example, n-6/n-3 and PUFA/SFA ratio. From present study, it showed that the ratio of n-6/n-3 at different ovarian maturation stages is less than 4. PUFA/SFA ratio was above 0.45 (minimum ratio recommended). The ratio of present study is above minimum ratio. C16:0 (Palmitic acid) are biomarker for microalgae, mostly from Cyanophyceae and Chlorophyceae. It was also the biomarkers for plants and marine animal sources (Sahu et al., 2013). C18:0 (Stearic acid) was the second most abundant and it is the biomarker for marine animals and fungi and followed by C20:5n3 (Eicosapentanoic acid), as the third most abundance which is biomarker for microalgae and marine bacteria (Yazawa, 1996).

## Conclusion

In conclusion, the study shows important results on tubules structure and FA composition of hepatopancreas of *P. pelagicus* in various ovarian maturation stages. The results were essential for further study on reproduction and diet formulation for portunid crab broodstock in the future.

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